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# PRESS ADVISORY #13-001

# DoD Mental Health, Traumatic Brain Injury Center To Host Virtual Warrior Resilience Conference, Aug. 12 - 16

ARLINGTON, VA. – Under the theme, "Optimizing Physical and Psychological Resilience and Performance," the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) will host the fifth annual Warrior Resilience Conference August 12 – 16.

The weeklong virtual conference brings together top military leaders from every branch of service and military health professionals and advocates to address topics such as resilience, the prevention and treatment of combat and operational stress injuries, fitness, sleep, nutrition and the integration of mind, body and spirit.

This will be the first time the Warrior Resilience Conference (WRC) takes place in a virtual environment, a change that accommodates Defense Department budget cuts and stricter guidelines on travel for government agencies, yet acknowledges the critical need to offer training, insights and resources on resilience to military line leaders and health care providers, including chaplains.

Many of the elements of a traditional in-person conference will be available in formats designed to provide participants with a dynamic learning environment, such as interactive presentations, facilitated live chat sessions with subject matter experts, and opportunities to network and exchange information with peers. Multiple sessions will take place simultaneously. Participants will be able to engage in both live and on-demand sessions from the convenience of their computers or mobile devices.

Registration to attend the conference is open to the public although the primary audience is expected to be members of the military, physicians, psychologists, nurses, physical and occupational therapists, and social workers. Continuing education credits will be awarded to attendees who meet eligibility requirements.

#### WHO:

- Dr. Jonathan Woodson, Assistant Secretary of Defense for Health Affairs and Director, TRICARE Management Activity
- Jessica Wright, Assistant Secretary of Defense for Reserve Affairs at the United States Department of Defense
- Navy Captain Richard Stoltz, Director, Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury

 Top military leaders from every branch of service and military health professionals and advocates

# WHAT:

5th annual Warrior Resilience Conference, a free virtual event at http://goo.gl/gjdf5c

# WHEN:

August 12 – 16, 2013, 10 a.m. to 4:45 p.m.

### WHERE:

http://dcoewrcv.sabercity.com

# **Ground Rules for Journalists:**

Media will need to register at <a href="http://dcoewrcv.sabercity.com">http://dcoewrcv.sabercity.com</a> to gain access to the virtual conference.

Because a key purpose of the Warrior Resilience Conference is to provide health care professionals such as physicians, psychologists, nurses, physical and occupational therapists, and social workers with opportunities to inform, share resources and collaborate, journalists are asked to direct questions to the respective Public Affairs Officers for each speaker. Refer to Media Check-in for speaker/panelist bios and PAO contact info.

Please direct other questions to – Angelita Colón-Francia Chief of Media Relations P: (703)604-5704

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## About DCoE

The mission of the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) is to improve the lives of our nation's service members, families and veterans by advancing excellence in psychological health and traumatic brain injury prevention and care. DCoE serves as the principal integrator and authority on psychological health and traumatic brain injury knowledge and standards for the Department of Defense. The organization is comprised of three centers: Defense and Veterans Brain Injury Center, Deployment Health Clinical Center and National Center for Telehealth and Technology. Learn more about DCoE at www.dcoe.health.mil.